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*Delightful creations for your special occasions*

**Vegan Delights Packages**

Appetizers

(Choose any three appetizers, served by the dozen)

**Asian Inspired**

**Spring Rolls** *(Cabbage, scallions, carrots & beans sprouts) w/our sweet & chili sauce*

* Vegetable *(25 for $30)*

**Fried Wantons** *(Cabbage, carrots, scallions) w/our sweet teriyaki sauce ($35)*

* Vegetable

**Wings** *Cauliflower* *($50)*

* Chinese fried chicken wings *(Coated in a light flour mixture) w/our “duck” sauce*
* Thai fried chicken wings *(Marinated in our sweet chili sauce and air fried)*

**Caribbean**

**Mini “patties”** *(puff pastry inside out patties)*

* Vegetable *(curry, jerk or cook up- sweet corn, carrots, cabbage) ($25)*

**Mini Skewers** *($35)*

* Veggie, Sweet peppers, Onion, Zucchini, carrots, cherry tomatoes, corn & Pineapple *(Jerk or Island BBQ)*

**GT mini Cheese sandwiches** *(Vegan sharp cheddar cheese- GT style cheese paste, shape cut and coloring optional) ($25-$35) 15 or up to 25pp*

**GT Puffs** *($30-$35) 15 or up to 25 pp*

* Vegan Cheese or Vegetable *(mashed potato, channa, sweet peppers & corn)*

**All American**

*(American, Southern, Italian & Spanish cuisines)*

***$25-$50*** *(depending on party size)*

**Southwestern Egg Rolls** (*Black beans, sweet corn kernels, Red sweet pepper) served w/ our smashed guacamole*

**Loaded Nacho cups**- 3-layer dip *(Salsa, Guacamole, Sour cream & topped w/ 3- cheese mix, black beans, sweet corn kernels & tortilla chips)*

* Buffalo Wings *Cauliflower*- *(available in mild, medium hot and spicy hot. Served w/ celery sticks, carrots & Ranch dipping sauce)*
* TEXAS BBQ wings *(cauliflower)*

**Stuffed Meatballs**

* Veggie Meatballs- *Mushrooms, zucchini, sweet peppers and onions*- *(stuffed w/ vegan mozzarella cheese, w/ marinara sauce)*

**Pinwheels** *(Thin flaky pastry filled)*

* Potato & Spinach $25
* Jalapeno cheddar $25
* Sun dried tomato & pesto $35
* TEXAS BBQ “Chicken” cauliflower $40

A plate of food

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A bunch of food on a table

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A pile of food

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# **A bunch of food on a plate Description automatically generated**Main Menu

*Vegan Bites & Vegan Delightfuls*

*(served in half trays and not in our typical cup containers)*

**Vegan Bites** are our two bite, bites formed into a ball and placed on a bed based on the cuisine. (Think of this one as a Small) *ANY* Vegan Bite can be turned into a Vegan Delightful

**Vegan Delightfuls** are our Vegan Bites on a grain or carb bed. (Think of this one as a Large)

## Vegan Delightfuls ($40 - $65) per half tray

Asian Zinger

Vegan bite (Broccoli, cabbage, carrots, scallion & onions) served on a short grain brown rice bed, drizzled w/our Pineapple Teriyaki sauce

Thanks-Giving

Vegan bite (Sweet potato, carrot, cinnamon & brown sugar) on a Vegan cornbread stuffing bed

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## Vegan Bites

Sweet Granny's Yams

Mashed Sweet potato & Walnuts *(served on a Walnut & Kale salad bed)*

Sweet Plantain Mon

Mashed sweet fried plantains *(served on a bed of sautéed callaloo & drizzled w/ our jerk mango passion sauce)*

Buff Chick

Chicken flavored sautéed cauliflower rice (served on a celery & carrot minced bed drizzled w/ our vegan buffalo sauce)

**RAW**

The Sante Fe

Mashed Avocado, Sweet corn, red sweet pepper & black beans *(served on a bed of romaine lettuce)*

Peanutty Crunch

Honey Peanut Butter- w/ raisins and oats *(served on a honey gram cracker)*

The Mediterranean

A plate of food with broccoli

Description automatically generatedMashed Chick peas (served on a bed of diced tomatoes & cucumbers, red onion and cilantro, drizzled w/ a vegan Tzatziki sauce)

**Sides** *(Choose any 2 starches & 1 Vegetable)*

**Lo Mein** (Vegetable, Chicken or shrimp)

**Fried Rice**

* Asian Zing (saut*é*ed broccoli, bean sprouts, carrots in our signature lite soy sauce)
* Vegetable (saut*é*ed onions, bean sprouts, string beans, sweet peppers)

**Vegetable Stir Fry** (Broccoli, bean sprouts, onions, carrots, Sweet peppers, bok choy sautéed in our lite teriyaki sauce)

### Caribbean Vibes

#### Sides

**Rice** (White available)

* Jamaican Style Rice & Peas ◊GT Style Fried Rice
* Reggae rice (a hint of curry, diced red & green sweet pepper)

**Jamrock Baked Mac & Cheese** (Vegan three cheese baked mac w/ saut*é*ed island herb blend of thyme and scallion)

**Roast corn**

* Jerk
* Coconut roasted
* Island BBQ

**GT Style Chow Mein** (vegetable- onions, chana, corn, carrot, peas & sweet peppers)

Potatoes

* A pan filled with meat and vegetables

  Description automatically generatedCalypso potatoes (Yukon potatoes, sweet plantain, carrots, corn on cob pieces, red sweet peppers and yellow onions)
* Vegan- Island Mashed potatoes (w/topped with diced sweet peppers)
* GT Style Curried potatoes and Chana

### All American Faves

(American, Southern, Spanish & Italian inspired Cuisines)

#### Entrees

Stuffed Peppers (spinach, stuffing or roasted vegetable)

Eggplant Parmesan

Cauliflower Steak (Large medium sliced w/ steak seasoning & a lite Vegan Steak sauce)

#### Pasta sides

**Pasta** (Served w/ garlic bread: cheesy or traditional)

**Lasagna**

* Vegetable (spinach & sweet potato OR zucchini, carrots, sweet corn kernels and onions)
* 3- Cheese (Traditional) *Vegan cheeses- mozzarella & cheddar parmesan*
* Vegetable (spinach & sweet potato OR zucchini, carrots, sweet corn kernels and onions)

**Penne, Fettuccini or Linguine**

* Garlic, EVOO & Shredded vegan Parmesan cheese
* Vegan Alfredo
* A dish is filled with food

  Description automatically generatedMarinara

**Baked Mac & Cheese**

3- Cheese (Traditional) *Vegan cheeses- mozzarella & cheddar parmesan*

Seasoned (diced and saut*é*ed red onion, red and green sweet peppers)

TEXAS Mac (Jalapeno’s & vegan cheddar)

**Potatoes**

* Loaded potatoes (broccoli & vegan cheddar, sweet peppers, OR seafood- oyster mushrooms)
* Mashed (traditional or potatoes bliss: red potatoes & dill)
* Roasted

◊Baked

**Rice & Grains**

* Brown rice
* White Rice
* Quinoa

#### Salads

* Cesar (traditional style, w/ croutons, Caesar dressing & shredded parmesan cheese)
* Garden
* Spring
* A close up of a plate of food with rice and vegetables

  Description automatically generatedCowboy (black beans, sweet corn kernels, cucumber, tomatoes, red onion and red sweet pepper)

**Potato Salad** (vegan mayo & w/o eggs)

* Caribbean Potato salad (w/ mixed vegetables)

**Pasta salad** (penne or bow tie)

* Vegetable- carrot, corn, peas, sweet peppers, onions, beans & cilantro, in a lite oil based dressing
* Pesto, sundried tomato & vegan parmesan cheese
* Seafood (Oyster Mushrooms) onions, sweet peppers & a lite creamy vegan cheese sauce

**Soups**

Pumpkin

Tomato

Vegan Chicken flavored (Jamaican style)

A plate of food with a green salad

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# A pizza sitting on top of a green salad Description automatically generated

A bowl of soup

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# Desserts

*(Choose any two)*

**Vegan mini cakes** *(Typically ordered w/o frosting or filling)*

Coconut, Banana Bread, Carrot, Oreo, Strawberry, Peach Cobbler, Pineapple delight or Chocolate nut.

**Frostings:** Vanilla, strawberry, citrus, chocolate buttercream.

**Fillings:** Vanilla buttercream, Vanilla or chocolate cream cheese, Strawberry, mixed berry, pineapple, apple cinnamon, & chocolate buttercream.

**Cookies & Truffle cakes**

Chocolate chip

Cinnamon Sugar (brown sugar)

Banana Oat

Blueberry

Lemon

Vanilla Dream w/ sprinkles

A plastic container filled with food

Description automatically generatedA picture containing indoor, food, table, cake

Description automatically generatedA vase of flowers on a table

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